MATHEMATICAL APPROCH OF LATERAL AND SAGITTAL INCISIONS GEORGIOS ZONTOS MD- B.Sc – M.Sc

OBJECTIVE

- IN THIS STUDY WE ARE TRYING TO PRESENT A PRECISE AND OBJECTIVE EXPLANATION OF THE ADVANTAGES OF CORONAL RECIPIENT SITES AND INCISIONS.
- IN ORDER TO ACHIVE OUR MAIN GOAL .WHICH IS THE PREDOMINANCE OF CORONAL INCISIONS ,WE ARE TRYING TO APROACH THE PROBLEM MATHEMATICALLY .
- IT IS THE FIRST TIME WHERE MATHEMATICS HAS BEEN USED TO GIVE A REASONABLE EXPLANATION OF THE ABOVE ISSUE IN HAIR TRANPLANTATION FIELD

OBJECTIVE

- MANY HAIR SURGEONS PREFER TO USE SAGITTAL SLITS TO AVOID CUTTING ACROSS LANGER'S LINES AND TO MINIMIZE TRANSECTION OF BLOOD VESSELS ARISING FROM THE SUBDERMAL PLEXUS
- OTHER LIKE Dr HASSON BELIEVE THAT THE USE OF CORONAL RECIPIENT SITES

HAS MULTIPLE ADVANTAGES SUCH AS HIGHER COVERAGE, PRECISE CONTROL OF EXIT OF FU , LESS INJURY , AND LESS POPPING





MATERIAL AND METHODS

THE TWO MOST COMMON SLIT-MAKING **TECHNIQUES ARE PARALLEL (SAGITTAL) AND** PERPENDICULAR (LATERAL/CORONAL). BY **DEFINITION, SAGITTAL INCISIONS RUN** PARALLEL(VERTICAL) ALONGSIDE AND IN-**BETWEEN THE EXISTING HAIRS(figure 1)** WHILE THE LATERAL INCISIONS BISECT **EXISTING HAIRS PERPENDICULAR** (HORIZONTAL) LIKE A T (figure 2)

MATERIALS AND METHODS



The colored triangle is rectangle, so from trigonometry theory we have:

$$\sin\theta = \frac{L}{S} \Rightarrow S = \frac{L}{\sin\theta}$$

Dr G. Zontos (FIGURE 1)

LATERAL INCISION



 MATERIAL AND METHODS
 USING SIMPLE GEOMETRY AS SHOWN IN FIGURES 1AND 2 WE CAN ASSUME THAT :S=L/SINØ FOR SAGITTAL INCISIONS

 S=L FOR LATERAL INCISIONS
 WHERE S IS THE SIZE OF INCISION ,L IS THE SIZE OF INCISION ,L IS THE SIZE OF BLADE ,AND Θ IS THE ANGLE OF INCISION.

ADVANTAGE OF LATERAL INCISIONS

1. Lateral incision is smaller than the sagittal incision

$\Rightarrow S = \frac{1}{\eta\mu\theta}$ 0< $\eta\mu\theta$ <1

 According to the previous formula the length of sagital incision depends upon the angle of incision.

 For example for region with angle that oscillates from 20° – 30° with mean value 25°, sagital incision length is: (S=L/ηµ25°=2,36L),
 SO :

INCREASE OF LENGTH : 236% !!!

ADVANTAGES OF LATERAL INCISIONS

ANGLE Θ =25°, LENGTH BLADE (L)=0,9 mm

	NUMBER OF INCISIONS	LENGTH OF WOUND
SAGITTAL	1.000	212,4 cm
LATERAL	1.000	90 cm

In a few words 1.000 sagittal incisions causing same wound with 2.360 LATERAL INCISIONS!!!

DENSITY CALCULATIONS IN SAGITAL AND LATERAL INCISIONS

We want to calculate the density of sagittal incisions in surface 1 cm² under angle 25°.

DATA :

a) Size of blade S=0,9 mm

- b) Width of blade=0,1 mm
- c) Medium distance between incisions 1 mm

d) Length of sagital incisions = $2,36 \times 0,9$ mm = 2,1 mm

IN VERTICAL PROVISION WE CAN HAVE : 10 /(2,1+ 1)=3,22 OF SAGITAL INCISIONS

IN HORIZONTAL PROVISION WE HAVE :

10 / (1+0,1)=9 OF SAGITAL INCISIONS

SO: MAXIMUM DENSITY / $CM^2 = 3,22$ * 9 = 29 incisions per cm^2

WOUND OF SKIN = INCISION LENGTH X INCISIONS NUMBER =2,1*29=60,9 mm

DENSITY CALCULATIONS IN SAGITAL AND LATERAL INCISIONS

We want to calculate the density of LATERAL incisions in 1 cm^2 using angle 25°.

Data:

a) Length of blade S=0,9 mm

- b) Width of blade=0,1 mm
- c) Medium distance between incisions 1 mm

d) Length of lateral incisions = 0,9 mm

IN VERTICAL PROVISION WE CAN HAVE :

10 /(0,9+1)=5,26 OF LATERAL INCISIONS

IN HORIZONTAL PROVISION WE HAVE :

10 / (1+0,1)=9 OF LATERAL INCISIONS

so: <u>MAXIMUM DENSITY / CM² = 5,26 * 9 = 47</u>

WOUND OF SKIN = INCISION LENGTH X INCISIONS NUMBER = 0,9*47= 42,3 mm

COMPARISON LATERAL-SAGITAL



INCREASE OF DENSITY (%): 62,07 %

DECREASE OF WOUND (%): 30,5 %

Considering as mean value of $\theta = 45$ degrees in a big session and taking into account maximum density 30 grafts / cm2 the wound of skin is: lateral incisions 27 mm / cm2 Sagittal incisions 38,18mm / cm2 % difference : 41,42 %

COMPARISON LATERAL-SAGITAL IN CASE OF SAME DENSITY



INCREASE OF SKIN WOUND IN SAGITAL (%) : 41,42%

CONCLUSIONS

- THE USE OF LATERAL INCISIONS
 1)DECREASES THE TRAUMA OF THE RECIPIENT AREA
- 2)REDUCES INJURE TO THE SUBDERMALVASCULAR PLEXUS
- 3)INCREASES THE % OF GROWTH
- 4)INCREASES SAFELY THE DENSITY
- 5)ACHIVES PRECISE CONTROL OF DIRECTION AND ORIENTATION OF HAIR FOLLICLES

EXAMPLE 2200 HAIR FOLLICLES LATERAL INCISIONS





